

DAFTAR PUSTAKA

- Baaklini, E., Angst, M., Schellenberg, F., Hitz, M., Schmid, S., Tal, A., Taylor, W. R., Lorenzetti, S. (2017). Gait & Posture High-heeled walking decreases lumbar lordosis. *Gait & Posture* (October 2016). <https://doi.org/10.1016/j.gaitpost.2017.03.035>.
- Badan Pengembangan dan Pembinaan Bahasa Kementrian Pendidikan dan Kebudayaan Republik Indonesia. (2016). KBBI Daring. Retrieved November 14, 2017/. <https://kbbi.kemdikbud.go.id/entri/aktivitas>.
- Badan Pengembangan dan Pembinaan Bahasa Kementrian Pendidikan dan Kebudayaan Republik Indonesia. (2016). KBBI Daring. Retrieved October 12, 2017. <https://kbbi.kemdikbud.go.id/entri/pramuniaga>.
- Barnish, M., Morgan, H. M., & Barnish, J. (2018). The 2016 High Heels : Health Effects And Psychosexual Benefits (High Habits) Study : Systematic Review Of Reviews And Additional Primary Studies. <https://doi.org/10.1186/s12889-017-4573-4>.
- Boonstra, A. M., Schiphorst, H. R., Reneman, M. F., Posthumus, J. B., & Stewart, R. E. (2008). Reliability and validity of the visual analogue scale for disability in patients with chronic musculoskeletal pain. *International Journal of Rehabilitation Research*, 31.
- Chaitow, L. (2006). Muscle Energy Techniques. *Physiotherapy*, 82(8), 493. [https://doi.org/10.1016/S0031-9406\(05\)66417-6](https://doi.org/10.1016/S0031-9406(05)66417-6)
- Chetri, B., Ali, I., Koch, M., & Dutta, A. (2016). A Comparitive Study On Effectiveness Of Taping with Iontophoresis and Taping Alone in Chronic Plantar Fasciitis . *International Journal of Physiotherapy*, 3(2).
- Chitara, V., & Nishita, D. (2017). Research Article Effect of Muscle Energy Technique in Pain and Lower Limb Functional Activity in Subjects Having Planter Fasciitis- A Randomized Control Trial. *International Journal of Recent Advances in Multidisciplinary Research*, 4(6).
- Cronin, N. J. (2014). The Effects Of High Heeled Shoes On Female Gait : A review. *Journal of Electromyography and Kinesiology*, 24(2). <https://doi.org/10.1016/j.jelekin.2014.01.004>.

- Destyana, F., Sutjana, I. D., & Indrayani, A. W. (2013). Perbandingan Antara Intervensi Hold Relax Stretching Dengan Intervensi Transverse Friction Massage Pada Terapi Modalitas Ultra Sound Terhadap Penurunan Nyeri Pada Kasus Piriformis Syndrome Di Klinik Fisioterapi Merdeka Medical Center Bali.
- Dubin, J. (2007). Evidence Based Treatment for Plantar Fasciitis. *Keeping Bodies in Motion*.
- Embaby, H., Elgendy, S., & Hasanin, M. E. (2017). Effect Of Muscle Energy Technique In Treating Post-Partum Coccydynia : A randomized control trial. *Physical Theraphy and Rehabilitation*, 4. <https://doi.org/10.7243/2055-2386-4-5>.
- Fryer, G. (2011). International Journal of Osteopathic Medicine Muscle energy technique : An evidence-informed approach. *International Journal of Osteopathic Medicine*, 14(1). <https://doi.org/10.1016/j.ijosm.2010.04.004>.
- Garceau, D. De, Dean, D., Requejo, S. M., & Thordarson, D. B. (2003). The Association Between Diagnosis of Plantar Fasciitis and Windlass Test Results. *Foot & Ankle International*, 24.
- Geaney, L. (n.d.). Three Exercises for Plantar Fasciitis | Orthopedics & Sports Medicine. Retrieved November 30, 2017, from <https://health.uconn.edu/orthopedics-sports-medicine/2017/08/01/three-exercises-plantar-fasciitis/>.
- Guijosa, A. L., Muñoz, I. O. M., Escribá, M., Fuente, D. La, & Cura-ituarte, P. (2007). Plantar Fasciitis : Evidence-Based Review of Treatment, 3(4).
- Healey, K., & Chen, K. (2010). Plantar Fasciitis: Current Diagnostic Modalities and Treatments. *Clinics in Podiatric Medicine and Surgery*, 27(3), 369–380. <https://doi.org/10.1016/j.cpm.2010.03.002>.
- Lareau, C., Sawyer, G. A., Wang, J. H., & Digiovanni, C. W. (2014). Plantar and Medial Heel Pain : Diagnosis and Management. *Journal of the American Academy of Orthopaedic Surgeons*, 22. <https://doi.org/http://dx.doi.org/10.5435/JAAOS-22-06-372>.
- Martin, R. L., Davenport, T. E., Reischl, S. F., McPoil, T. G., Matheson, J. W., Wukich, D. K., ... Godges, J. J. (2014). Heel Pain—Plantar Fasciitis: Revision 2014. *Journal of Orthopaedic & Sports Physical Therapy*, 44(11), A1–A33. <https://doi.org/10.2519/jospt.2014.0303>.

- Nickelston, P. (2012). Treating and Preventing Overused Muscles/Joints. Retrieved from <http://www.toyourhealth.com/mpacms/tyh/article.php?id=1646>
- Mehdikhani, R., & Okhovatian, F. (2012). Immediate effect of muscle energy technique on latent trigger point of upper trapezius muscle.
- Phadke, A., Bedekar, N., Shyam, A., & Sancheti, P. (2016). Effect of muscle energy technique and static stretching on pain and functional disability in patients with mechanical neck pain: A randomized controlled trial. *Hong Kong Physiotherapy Journal*, 35, 5–11.
- PERATURAN MENTERI DALAM NEGERI. (2008). In *PERATURAN MENTERI DALAM NEGERI NOMOR 12 TAHUN 2008*.
- Periatna, H., & Gerhaniawati, L. (2006). Perbedaan Pengaruh Pemberian Intervensi Micro Wave Diathermy (Mwd) Dan Ultrasound Underwater Dengan Intervensi Micro Wave Diathermy (Mwd) Dan Ultrasound Gel Terhadap Penurunan Nyeri Pada Kasus Plantar Fasciitis, 6(1).
- Prakash, S., & Misra, A. (2014). Effect of Manual Therapy Versus Conventional Therapy in Patients With Plantar Fasciitis – A Comparative Study Quick Response code. *International Journal of Physiotherapy and Research*, 2(1).
- Riyanto, A. (2011). *Aplikasi Metodologi Penelitian Kesehatan*. Yogyakarta: Nuha Medika.
- Rosenbaum, A. J., & Dipreta, J. A. (2014). Plantar Heel Pain, 98. <https://doi.org/10.1016/j.mcna.2013.10.009>.
- Santoso, I. (2013). *Manajemen Data untuk Analisis Data Penelitian Kesehatan*. Yogyakarta: Gosyen Publishing.
- Sari, N. A., & Irfan, M. (2009). Efek Penambahan Taping Pada Intervensi Micro Wave Diathermy dan Stretching Terhadap Pengurangan Nyeri, 9(2).
- Schwartz, E. N., & Su, J. (2014). Plantar Fasciitis : A Concise Review, 18(1).
- Sonal, A. (2016). Comparison Between Post Isometric Relaxation and Reciprocal Inhibition Manuevers on Hamstring Flexibility in Young Healthy Adults : Randomized Clinical Trial, 5(1). <https://doi.org/10.5958/2319-5886.2016.00008.4>.

- Srikanth, M., Srikumari, V., & K, M. (2015). Effectiveness of Muscle Energy Technique on Pain & Cervical Range of Motion in Patients with Myofascial Pain in Upper Trapezius. *International Journal of Physiotherapy*, 2(1). <https://doi.org/10.15621/ijphy/2015/v2i1/60040>.
- Syaifuddin. (2014). *Anatomi Fisiologi: Kurikulum Berbasis Kompetensi untuk Keperawatan & Kebidanan*. (M. Ester, Ed.) (4th ed.). Jakarta: Penerbit Buku Kedokteran EGC.
- Tanwar, R., Monika, M., & Manu, G. (2014). Effect of Muscle Energy Technique to Improve Flexibility of Gastro-Soleus Complex in Plantar Fasciitis: A Randomised Clinical, Prospective Study Design. *Indian Journal of Physiotherapy and Occupational Therapy*, 8(4).
- Thomas, J. L., Christensen, J. C., Kravitz, S. R., Mendicino, R. W., Schuberth, J. M., Vanore, J. V., Weil, S. L., Zlotoff, H. J., Bouche, R., & Baker, J. (2010). The Journal of Foot & Ankle Surgery The Diagnosis and Treatment of Heel Pain : A Clinical Practice Guideline – Revision 2010. *The Journal of Foot & Ankle Surgery*, 49(3). <https://doi.org/10.1053/j.jfas.2010.01.001>.
- Thompson, J. (2014). Diagnosis and Management of Plantar Fasciitis. *The Journal of the American Osteopathic Association*, 114(12), 900. <https://doi.org/10.7556/jaoa.2014.177>
- Williams, A., & Craig, K. (2016). Updating the Definition of Pain. *The International Association for Study of Pain*. <https://doi.org/10.1097/j.pain.0000000000000613>.
- Young, C. (2012). In theClinic Plantar Fasciitis. *American College of Physicians*.
- Young, C. (2017). Plantar Fasciitis Clinical Presentation. Retrieved December 31, 2017, from <https://emedicine.medscape.com/article/86143-clinical>.
- Yu, J., Cheung, J. T., Wong, D. W., Cong, Y., & Zhang, M. (2013). Biomechanical simulation of high-heeled shoe donning and walking. *Journal of Biomechanics*. <https://doi.org/10.1016/j.jbiomech.2013.05.009>.
- Yudiyanta, Novita, K., & Wahyu, N. R. (2015). Assessment Nyeri. *Jurnal Kesehatan*, 42(3).
- Zetizen. (2016). Inilah Jenis-Jenis Heels yang Harus Kamu Tahu. Retrieved October 11, 2017, from <https://www.zetizen.com/show/2755/inilah-jenis-jenis-heels-yang-harus-kamu-tahu>.